

LASER HAIR REMOVAL

HOW DOES IT WORK?

You come and see us, we look at the hair you want to get rid of, and then if you're happy we can try out a small area with the laser. You'll come back approx 5 days later and get your first treatment. We will ask you to shave the area or we can do it for you, before we laser it. (It won't work unless it's shaved first). The laser heats up the root of the hair and kills it off. You then come back 4-8 weeks later and we do it all again. Every treatment will reduce the amount of hair growing, until there's not much left.

DOES IT HURT?

Not really. You'll feel a bit of a prickle, or pin prick sensation which means the laser is working. Afterwards you may look a little pink for a few hours. If you've ever had waxing you'll think laser is a breeze! That's because we use the Soprano Ice – the most advanced laser for the most effective results but with the least amount of pain.

HOW MANY SESSIONS?

You'll start to see and feel the improvement very quickly - after 1 or 2 session. However you need to come at least 3 times, but ideally 6 times. This is because the treatment works by destroying hair which is in a particular stage of growth. Your hair is continually moving through 3 stages, so we need to catch the hair just right to destroy it. This is why we stage the treatments approx 4-8 weeks apart. Afterwards your back (or whichever area you're having lasered) will have very little hair left. What's left will be very sparse and fine.

WHEN TO START?

The key to laser is that after the treatment you must avoid the sun for 4 weeks – or be sure to put sun cream on to protect your skin. So starting the treatment in the cooler months is a good idea, as you'll not be stripping off. Then when it gets sunny and you're ready to strip off, you'll have that hair free body you've been dreaming of. It's up to you though – you can start the treatment in the summer if your skin will be protected from the sun afterwards for 4 weeks.

WHO CAN HAVE LASER?

Most people are suitable. When we see you for the first time we will go through a list to make sure that you are suitable. If your hair has turned grey or white - we will not carry out the treatment, as you would be wasting your money. The hair has to have colour to it for the treatment to work. That's one reason not to delay starting the treatment. There are certain illnesses and medication which would also prevent you from having the treatment such as if you're undergoing cancer treatment or have to use skin thinning medication. However we will check all this first.

WHAT TO DO NEXT?

If you'd like to know more then contact us and arrange a free confidential, no-obligation consultation.

Call: 01257 463464

Text: 07742 045014

Email Rachael (owner and laser specialist) rach@radiantliving.co.uk

